



NEWSLETTER

JULY

What in the world are we up to?



Potential Prosthetic Legislation for CA and the US

Have you seen our subtle [Instagram Post](#)? One of the photos above is featured.

Legislation is passing across States that would allow a second sports/health related prosthesis for all who are insured in the state! Shouldn't California be next?

PSI has joined the [#soeverybodycanmove](#) movement. To support this, we and others in the US are further raising money for legislative action and have formed a team committing to move.

To join team PSI

- 1) Agree to move 28 minutes/per day in the month of July
- 2) Spread the word to friends and family or anyone who would like to donate to support and help us reach our goal while we meet this challenge
- 3) Join the team and start raising funds by following this [link](#)!

Would you consider a Google Review?

Now, more than ever, people are googling to find us. We hope to connect to people early on in their journey to bring peer mentors in, and to make sure they are getting good care. If you would like to leave a review, you can do so here.

[Prosthetic Solutions, Inc. Google Reviews](#)

Fitness for Life | Confidence Training

Weekly Group Classes

Tuesday @ 10 AM: Join us for Balance/Core exercises, games, and fun

Thursday @ 12 Noon: Join us for class to increase your Endurance

A ***Fitness Calendar*** has been added to the website! Please click on the “**Calendar**” button to discover:

- When we have weekly classes (hint: Tu/Th)
- When we are having the Horseback Riding Clinic (Tentatively 9/14)
- When we are having “OttoBock Week” (Week of 9/16)
- 5K Fun Run/Walk (TBD)
- Swim Clinic (TBD)

[Letitia's Journey](#) View it and Subscribe to our YouTube Channel. Please share her story as appropriate with anyone who may be interested. She discusses her rehabilitation journey, ongoing today. She and others among you are ACA Mentors and Mentors for PSI. Thank you!

Please Remember: Wade is on vacation during the week of July 4! Whoo hoo!
Susan will be available.

All the best to you this July,
Team Prosthetic Solutions