

# Fitness for Life Sports Clinic 2020 Equine Adventures: A Morning at the Stables!



## GIVING BACK

Robin, (in yellow), has been eager to share her passion with horses to the amputee community. With a small break in Coronavirus cases and the summer heat/fire season we held our first Equine event to great success. With a vaccine on the horizon, we plan to run this event again in 2021!

*“Hi, I am Robin and had a traumatic knee injury in 2014 that resulted in the loss of my lower left leg. I have a young family (children ages 5 and 2), a small farm with a menagerie of animals, and work full time in the Biotech Industry. Being an amputee is such a unique life experience but it has also been so awesome to connect with a new community navigating shared experiences. I have personally found a tremendous amount of inspiration from the amputee community; meeting people who are striving to live life to the fullest. I wanted to give back to the community and help build the peer programming at the Fitness for Life Clinics. Before I came to Prosthetic Solutions, I did not believe I could enjoy some of my passions again. Not only have I been able to return to activities that I love, such as horseback riding, but I want to share this love and maybe help others. I know it can be intimidating to pursue an activity that is outside of your comfort zone, but if we approach things together we can tackle anything!”*

I think our participants agree! Video highlights from the event and Robin at work are featured on our [YouTube channel!](#)

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